

Volunteer MENTOR can also help!

The volunteer mentors of the Oncology Patient Support Society "Tree of Life" are people who have gone through the diagnosis themselves and are ready to provide support to others. This means that a mentor can:

1. share your experience of treatment, examinations, etc .;
2. Based on your experience, also recommend where and how to apply, how to ensure the availability of timely examinations and other manipulations;
3. if necessary, indicate where to look for information;
4. Become a support and interlocutor if needed.

How to get a mentor?

1. If you have come to Latvia and feel insecure about how to proceed with your diagnosis (yourself or a relative) and are worried about how to go through everything, call 26323636.
2. There will be a representative of the "Tree of Life" who asks about the situation to know which of the mentors would be the most suitable.
3. The information will be passed on to the mentor, the mentor will call the person in need of advice.
4. The way in which consultations and negotiations continue depends on the length and severity of the conversation.

What Mentors Can Do: Mentors can help by sharing experiences that are unique to everyone. At the same time, if the mentor has gone through a similar situation and diagnosis as the caller, then it can definitely help!

What mentors cannot and will never do: Mentors will never provide information about treatment or treatment over the phone!

Each person's experience (even in case of similar diagnoses) is unique! Much depends on how we are able to mobilize our own strength and will, realizing that illness is a stage in life that needs to be overcome!

Life goes on AFTER cancer!